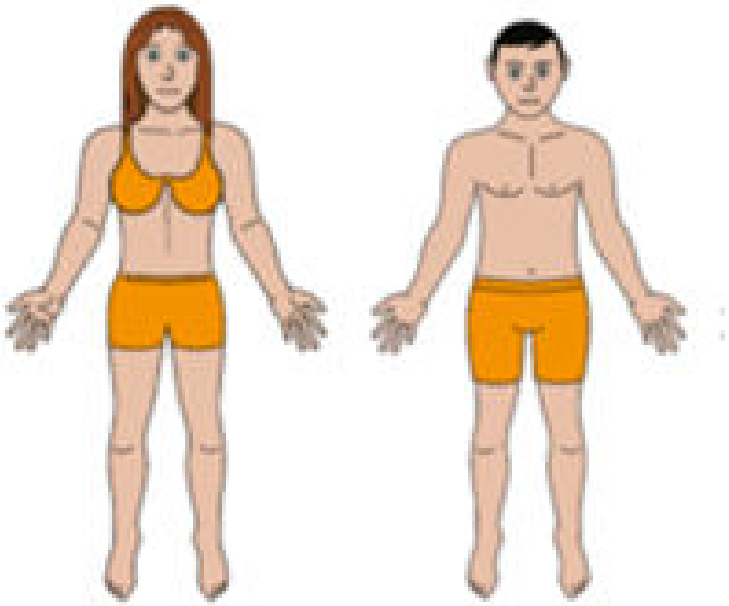
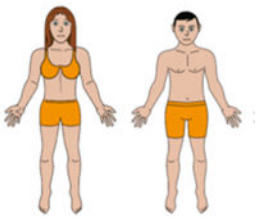
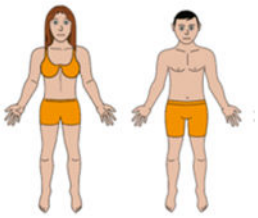
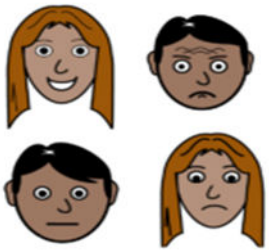
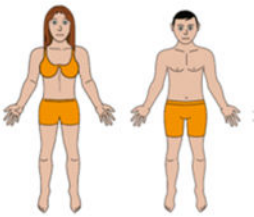
Humber Teaching
NHS Foundation Trust

Sexual safety supp ort

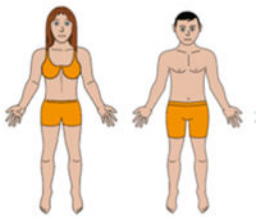
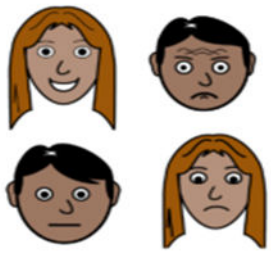


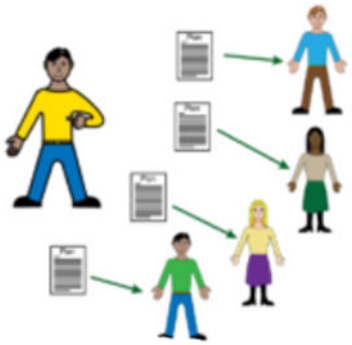
Caring, Learning
& Growing Together

	Children's bodies and feelings change when they become teenagers (puberty).
	Sometimes children and young people find it hard to understand their body changes.
	Sometimes children and young people find it hard to understand their new feelings.
	Sometimes they do not know how to keep their body safe.
	Sometimes they do not know how to share their feelings safely.

	Sometimes they find these changes hard to understand
	Sometimes they can't keep their bodies safe or private.
	Sometimes they find it hard to understand the rules of grown up relationships.
	First people at school can help with this. This is called PHSE work.
	Then if this doesn't work a Nurse from our team can help.
	The nurse will visit you at school.

	
	The nurse will get to know you.
	First the Nurse will ask questions and show you pictures. This is to find out what finished you need to learn to keep you safe (an assessment).
	The Nurse will find out how you learn and what you find hard.
	Next the nurse will do some short sessions with you at school. This will be just you and the nurse. Sometimes the TA comes in too.

	The sessions might be to learn about your body.
	The sessions might be to help you to keep your body safe.
	The sessions might be to help you learn about your new feelings.
	The sessions might to learn rules about grown up relationships like having boyfriends or girlfriends.

	Most children think these are fun.
	When the sessions are finished the nurse will help other people who know you. They will help them understand how to keep you stay safe as you grow up. Then the Team will discharge. This means the Nurse's work is finished.