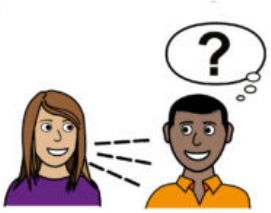
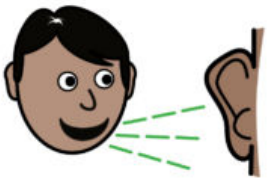
NHS
Humber Teaching
NHS Foundation Trust

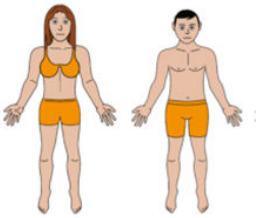
Who are the childr en's learni



Caring, Learning
& Growing Together

	We are The Children's Learning Disability Team
	We are Learning Disability Nurses. Sometimes we ask Psychologists, Doctors, or other NHS staff to help us.
	We love helping children with a learning disability with things they can find difficult. We try to make life feel better.
	They need to be under the age of 18.
	We can help mums, dads, and carers too.

	**Assessment**
	First, we do an Assessment. This means that two nurses meet Mums, dads, and carers for an appointment.
	We ask lots of questions about life at home. They tell us what help they might need at home.
	We listen very carefully.
	Next, we talk to the other people in our team.

	Then we think about whether we can help, or whether someone else can help instead. We write a letter to tell you this.
	There are 4 main things that our team can help with.
	Behaviour
	Emotional regulation
	Sexual safety

	Sleep
	These are called our 4 pathways. Sometimes people need help with one of these things. Sometimes they need help with all these things. Everyone is different.