Improving Health and Wellbeing

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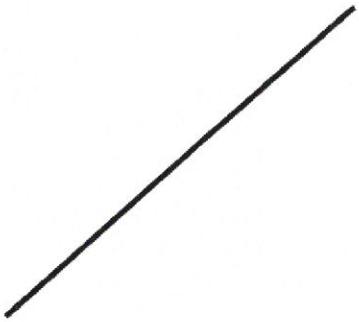
NHS Foundation Trust

Pack for contrast of place



This pack should only be used under the guidance of a Speech and Language Therapist

Original Concepts by Speech and Language Therapists in Hull and East Yorkshire
Updated by Rona Gaffney 2015

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Improving Health and Wellbeing

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Name: *School:*		D.O.B:		
Overall aim(s)	*Where am I now?*	What will I achieve?	Outcome	Actual Outcome
To help the child improve their speech production skills to their full potential	The child is not producing sounds in the correct position in their mouth.	The child will be able to identify the correct word in a minimal pair 80% of the time during structured therapy activities The child will be able to produce sounds in the correct position 80% of the time during structured therapy activities		
Therapy package: Targets will be reviewed as agreed with the speech and language therapist	Timescale: As agreed with the speech and language therapist	Factors contributing to outcome: Commitment from adults working with the child and regularity of practice.		

Please work through the following activities. If you have any questions or feel that the targets have been achieved, please contact the speech and language therapist.

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Ideas for minimal pairs

(Photocopy the pictures several times)

Listening Game – Place a set of pictures in front of the child. Ask the child to listen as you say the words and point to the picture/put a counter on the one they hear. If you want to make this game more difficult use a carrier phrase (e.g. I see a …).

Sorting Game – Ask the child to sort the pictures into piles according to the first sound.

Matching Game – Shuffle the cards and place them face down on a table. Take turns to pick up 2 cards and try and get the matching pair. Ask the child to say the words. If they say them correctly they can keep the pair. If not they have to place them face down on the table again.

Make a sentence – Choose 2/3 cards and make a sentence with them. Then ask the child to copy the sentence. If they say the words correctly, then they can keep the cards. Continue until the child has all the cards.

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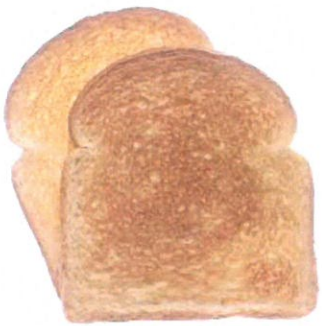
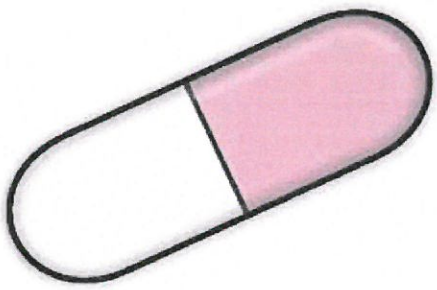
p/t

pie	tie
post	 toast
 pill	till

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p/k

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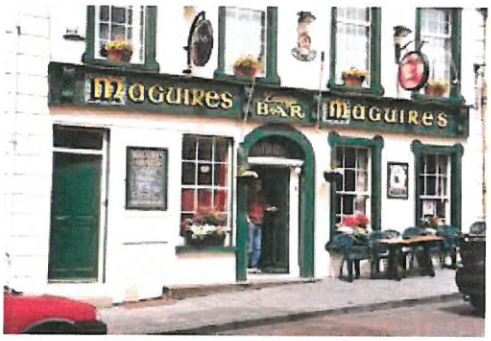
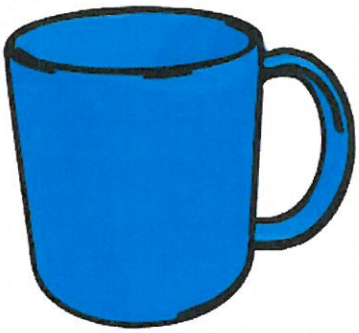
 pub	cub
pup	 cup

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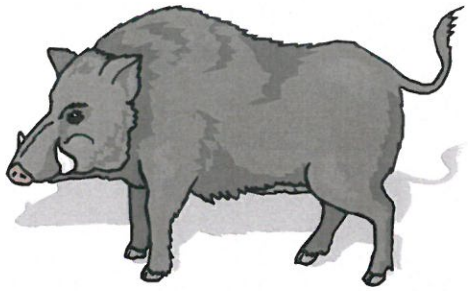
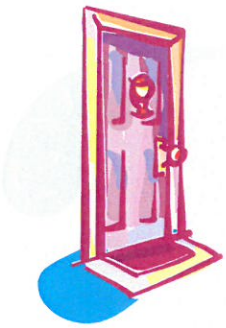
b/d

 boar	 door
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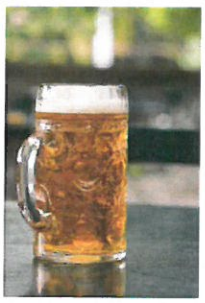 beer	deer

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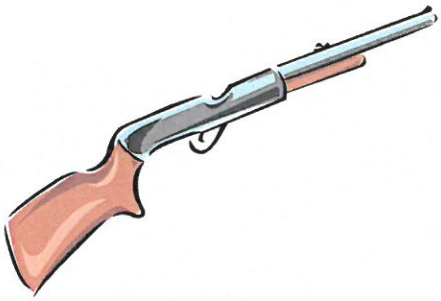
g/b

 gun	bun
goat	boat
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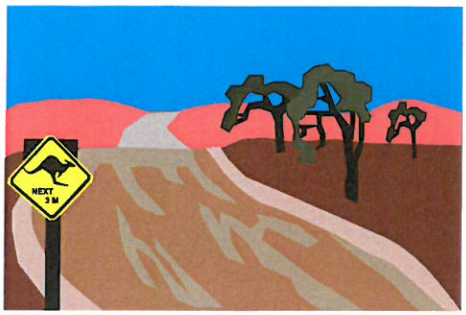
k/t

car	 tar
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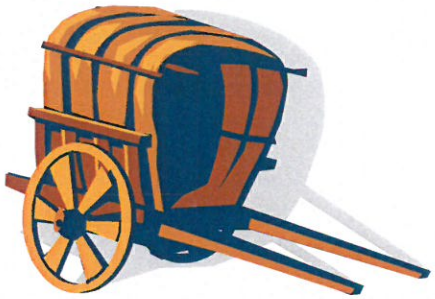
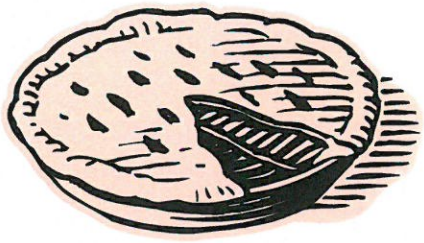
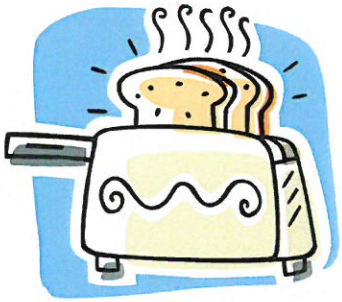
 cart	 tart
coast	 toast
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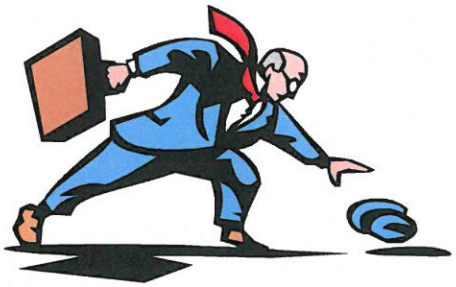 gust	dust
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game	dame

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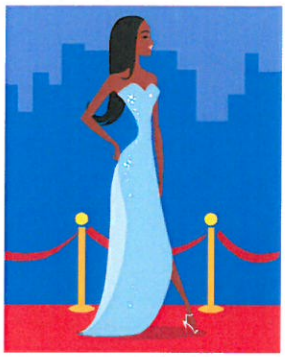
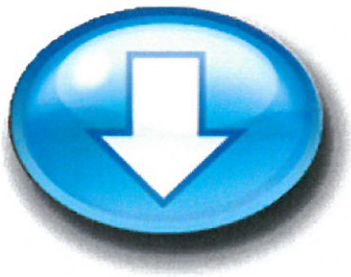
 Gown	 Down
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Guy	Die

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m/n

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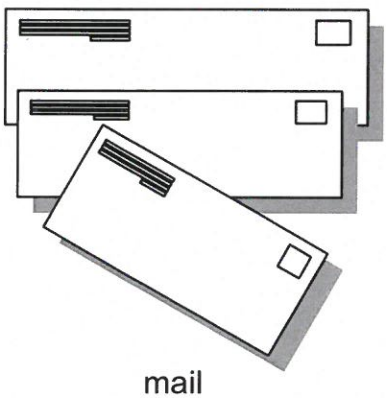 mail	nail

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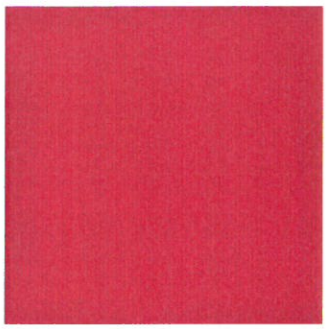
w/r

wed	 red
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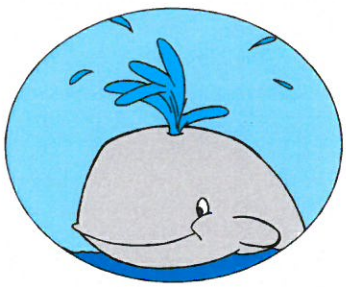 whale	rail

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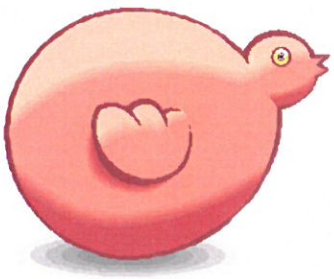
f/s

 fat	sat
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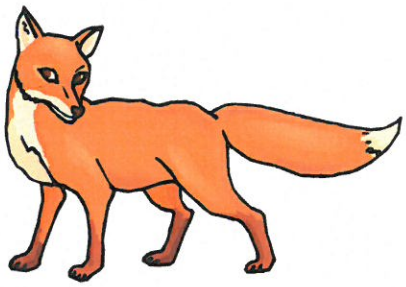 fox	socks

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f/sh

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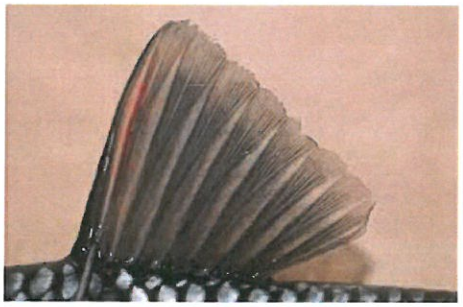
feet	sheet
 fin	shin

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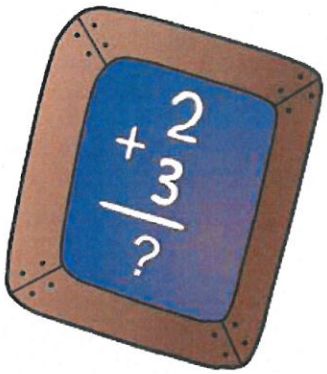
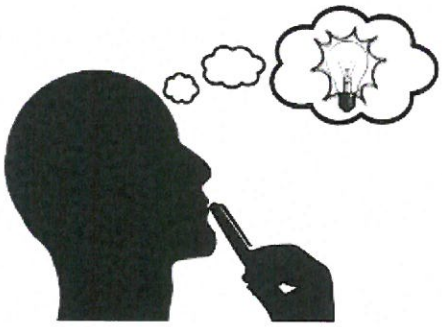
th/s

thumb	 sum
 think	sink
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sh/s

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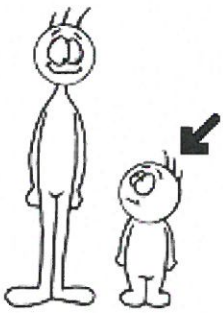
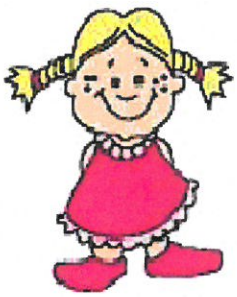
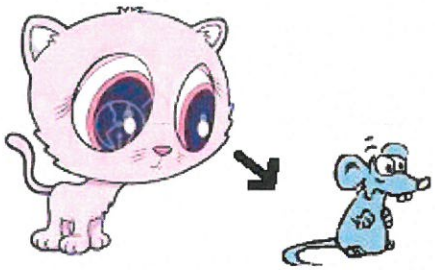
 short	sort
 she	 see

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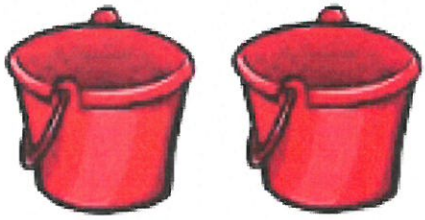
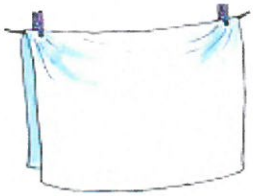
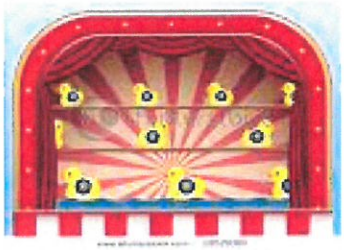
shame	 same
 sheet	seat
 shoot	suit

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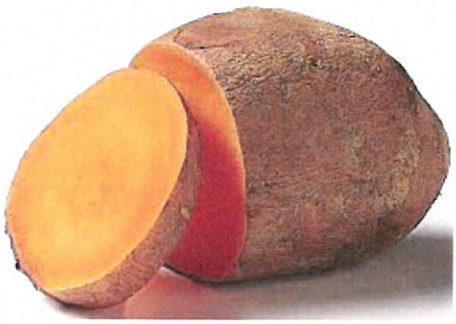
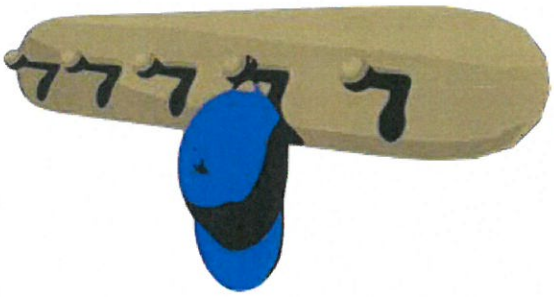
r/y

rot	yacht
ram	 yam
 rack	yak

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y/w

yell	well
yolk	woke
year	weir

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