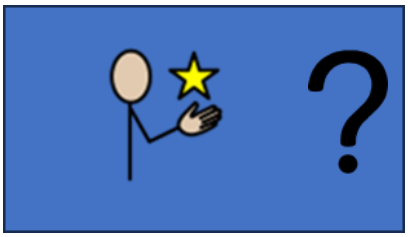
Community Learning Disability Team

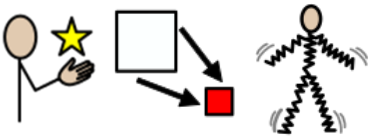
Epilepsy Nursing

Introducing Our Service

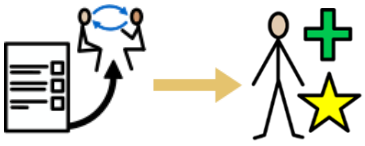


What things can we help you with?

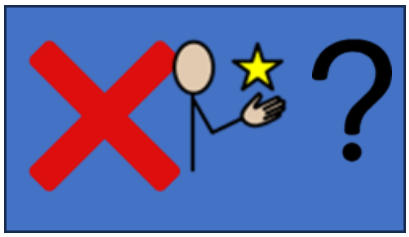
We can look at your medication.



We can help manage your health conditions which might help stop your seizures from getting worse.



We can refer you to other health professionals who might be able to help you.

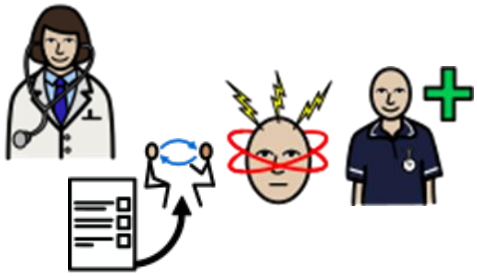


What things can't we help you with?

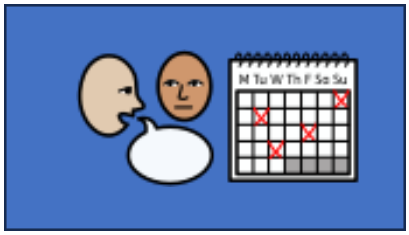
We do not diagnose Epilepsy following a first seizure.

If you have a seizure for the first time you will need to go to hospital.

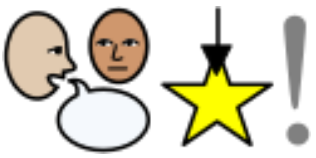
If you have a seizure for the first time you will be assessed by a Neurologist.



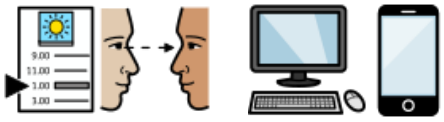
The Neurologist might refer you to us if they confirm you have Epilepsy.



How often will we be in contact?



Frequency of contact will depend upon the need of the individual.



Appointments can be face-to-face, by videocall or on the telephone.

Face-to-face appointments are at Highlands Health Care Centre (Hull).

Epilepsy Specialist Nurses can visit you at home.

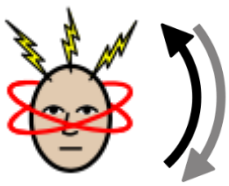
When your Epilepsy is stable, you may be referred back to your GP.

Anything else?

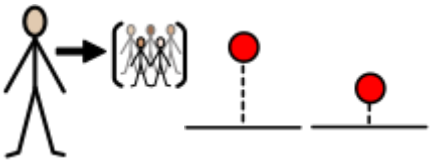
We do not hold waiting lists.

We help lots of people in Hull and East Riding.

We work to adapt to the needs of the individual.



Epilepsy is a lifelong condition that can fluctuate.

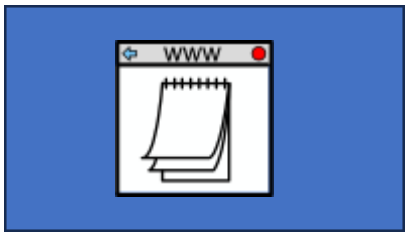


There will be times when we are more or less involved in your care.

We understand the nature of support required to help people with Epilepsy.

Useful documents

A guide about taking Valporate for people who could get pregnant is available on our epilepsy page.



Useful websites

[Epilepsy Society | Transforming lives through advocacy, research and care]

[SUDEP Action | Making every epilepsy death count]