NHS
Humber Teaching
NHS Foundation Trust

Hull & East Yorkshire Children & Young People's Neurodiversity Service Under 5 Autism Assessment Service

Caring, Learning
& Growing Together

We look forward to meeting both you and your child and have a plan in place to make the assessment experience as comfortable as possible.
This leaflet outlines what to expect during the assessment.

On Arrival

When you arrive for your appointment, please let the receptionist know and take a seat in the waiting room. A member of the team will then come and meet you and your child.

We will take you to our clinic room that has lots of toys available for you and your child to engage and play with together. If your child needs to bring something to help them settle or if your child needs time to settle in a new environment, that is ok.

What skills do we assess?

There are 7 key areas we look at:

1. Showing and sharing of social communication, emotions and interests
2. Non-verbal communication
3. Relationships and social imaginative play
4. Repetitive use of actions, words and play
5. Insistence of sameness and predictability
6. Strong Interests
7. Sensory differences

Clinic Play Based Assessment Session

There are a variety of toys in the clinic room that have different functions. The toys help us see what interests your child and how they play with different toys.

Some examples of the toys include press-down button toys, shape sorters, miniature characters, bubbles and many more.

The session will be an opportunity for you and your child to play with different toys together. It gives our team a chance to see how your child engages with someone who they feel comfortable with. Additionally, It allows us to observe your child's interaction skills, their communication skills, as well as their play style and interests.

The two team members can either be in the room with you to support and guide the session if required, or we can be in an observation room next door. This can be decided with you when we arrange the appointment.

The clinic session will last approximately 45 - 60 minutes. This will consist of a combination of play time for your child and opportunity to ask questions and discuss any relevant information with our team.

Highlight Points

- Session lasts between 45 - 60 minutes
- Variety of toys for you and your child to play together
- Opportunity to ask questions to the team

The Assessment Process

Both you and your child's setting will have completed a questionnaire prior to the clinic session. This helps significantly with the assessment process as it gives everyone the opportunity to contribute to the assessment and provides up to date information.

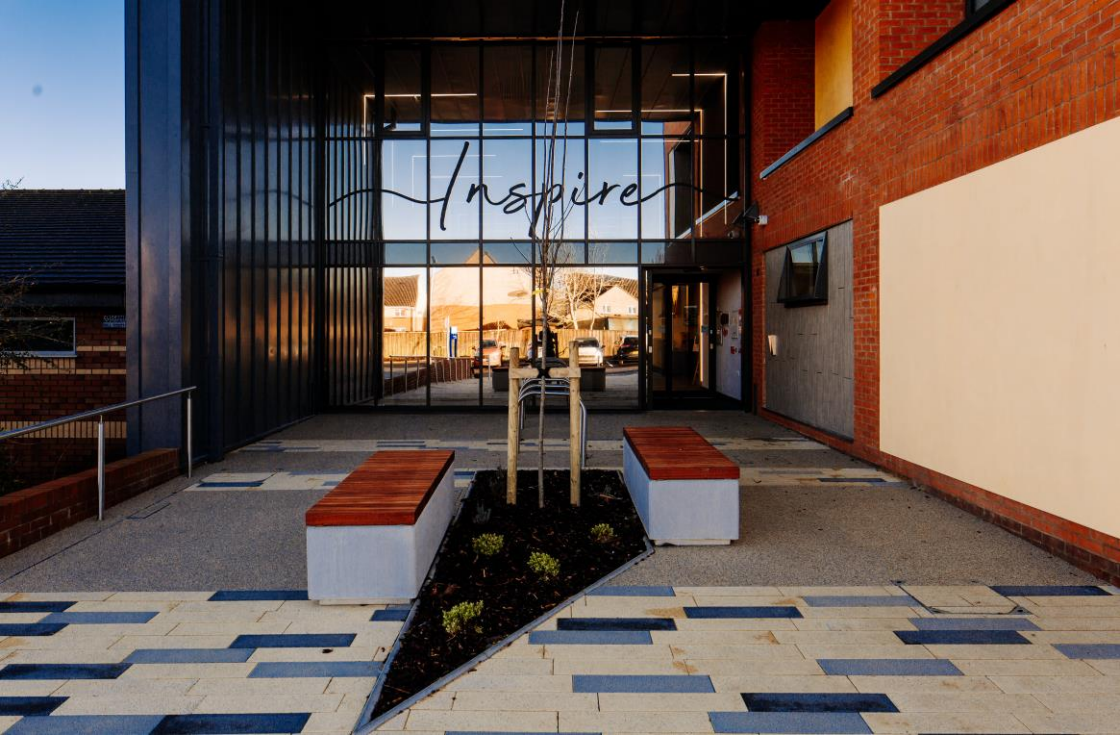
Once the questionnaires and clinic appointment has been carried out, the team are able to determine the appropriate next steps. This could be one of the following:

- ❑ A decision is made on the outcome of the assessment – either your child reaches the criteria for a diagnosis of Autism or not.
- ❑ Further assessment is needed. This could mean your child may need to be seen in your setting or at home by one of the team members.
- ❑ Further team members are needed to check on some specific development areas of your child.

The team will explain the suitable next steps for your child with you at the end clinic session. We want to ensure everyone is clear what the next steps are so take this opportunity to ask questions.

Who is a part of the assessment team?

- Speech and Language Therapy
- Clinical Psychology
- Occupational Therapy
- Specialist Autism Practitioners
- Paediatrician
- Clinical Assistants
- Administrator
- Team Leader



Let us know what you think by scanning the QR below and completing our Friends and Family Test (code CA008)

Contact us

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