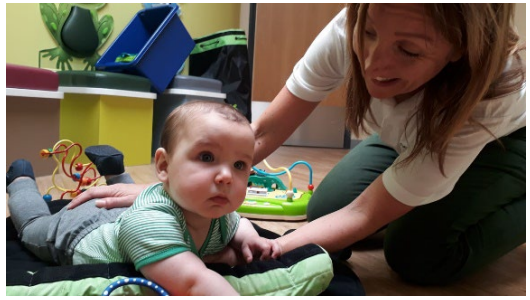
Where do we work

The children may be seen at

- Their home
- Their school (mainstream/special)
- Their nursery
- A Department within the hospital
- A Community venue e.g Children's Centre, respite unit or leisure facility.
- The setting chosen depends on which of the child's needs are being met.

Who are we?

We are all registered with the Health and Care Professions Council (HCPC) and hold a degree or diploma in Occupational Therapy. We have also undertaken additional post graduate specialist training.



Contact us

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NHS
Humber Teaching
NHS Foundation Trust

Occupational Therapy for Children

Caring, Learning & Growing Together

Publication Date: Nov 2022
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What is Occupational Therapy

Our team of Occupational Therapists enable children and young people to reach their full potential and develop life skills so they can join in and succeed in activities that are important to them.

We help them take part in everyday activities (occupations) that they may find difficult because of their illness, injury or disability. These include self care (getting washed/dressed, using the toilet or eating a meal), being productive (access to learning, handwriting/using scissors or learning through play at nursery) and leisure (play or hobbies).

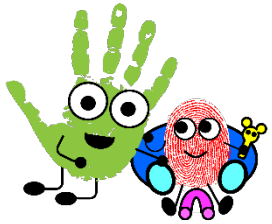
What we do

- We will spend time finding out about your child's daily life and will listen to you and your child about your concerns and what is important.
- We might watch your child doing activities that they do in their daily routine. This helps us to understand what might need to change to help them participate in daily activities.
- We will set goals together about what you both want to achieve and make a plan about what will happen next.

If treatment is needed, this may include:

- Therapy advice to develop skills
- Making changes to the environment and provision of specialist equipment
- A block of individual treatment sessions
- Training to parents/carers or school staff

We may also complete reports (potentially to contribute to a child's Education, Health and Care Plan (EHCP)).



Who do we work with

We are a community based service for children and young people aged 0 – 18 (up to 19 years in special school education) who have physical difficulties (some of whom may also have learning disabilities).

Occupational Therapists work with parents/carers, who may be asked to participate in therapy sessions and carry out a programme of therapeutic activities at home. We also work in partnership with other professionals, as part of a multi-disciplinary team, which may include:

- Consultants
- GP's
- Health Visitors/School Nurses
- Social Services Occupational Therapists
- Educational Psychologists
- Teachers/Special Educational Needs Co-ordinators
- Portage Service
- Speech and Language Therapists
- Physiotherapists